

# SEALANT CARE



- ✚ Today we placed one or more dental sealants on your teeth. This preventive measure will help prevent decay from occurring on the chewing surfaces of those teeth.
- ✚ You can eat and drink immediately after the sealant has been placed. You will notice that the teeth on which we placed the sealant may feel “high”. This feeling will usually go away after several days of normal eating and chewing. You are to take care consuming certain foods, which may break or chip your sealant. These foods include: Ice, hard candy, corn nuts, mints, cough drops. Many of these foods can continue as part of your diet but you must suck on them, rather than crunching them.
- ✚ Please continue to brush at least twice daily and floss once each day.
- ✚ We will examine your sealants at your regular check-up and cleaning appointments every six months to assure the sealant is still covering the chewing surface. If the sealant should chip or come off within the first year of placement, we will replace the sealant at no-charge. Any sealant that needs to be replaced after one year will be charged a fee for each sealant replacement.
- ✚ **Questions** - If you have any questions or concerns, please do not hesitate to call our office. After hours, call the same number and follow the instructions to be connected to the Doctor on call.

**Children's Dental Village**  
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