

POSTERIOR STAINLESS STEEL CROWN CARE



Posterior stainless steel crowns are durable but do require some food restrictions. Listed below are a few examples of foods which may cause damage or cause the crowns to loosen.

Sticky Foods

Taffy, caramel, gummy candy, gum, fruit roll ups, licorice, or other sticky substances

Hard Foods

Nuts, carrots, apples, hard candies, pizza crust, ice

Crunchy Foods

Taco shells, chips, corn nuts

Tearing Foods

Jerky, corn on the cob, chicken wings

- ✚ Accidents involving bumps to the teeth can cause the crowns to come off. Please be careful as there will be a fee to replace or repair the crown.
- ✚ Brush the crowns using a soft toothbrush and floss as you would their natural teeth, concentrating on the gumline.
- ✚ If a posterior (molar) crown is placed on a baby tooth, the tooth will fall out on its own in the usual manner. If the crown should become loose or complete come off the tooth, please save the crown. Phone the office as soon as possible so this can be evaluated.
- ✚ Your child may have been given a local anesthetic for their dental treatment. Children do not always understand the sensation of being numb. Please watch your child carefully as they may bite, chew or such on their lip, tongue or cheek and may cause painful wounds in their mouth. We recommend a soft diet (Jello, pudding, yogurt, applesauce, ice cream) until the numbness wears off.
- ✚ Regular check-ups and cleanings are recommended to insure that the crown and underlying tooth structures are healthy.
- ✚ If you have any questions, please call our office.

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